

Vaginal home pap smear

You may have a sexually transmitted disease (STD). Your doctor has asked you to do a vaginal home pap smear for testing in the ZekerWeten microbiological laboratory. In this leaflet, you can read about the best way to do this and where you can hand in your testing material.

zekerweten

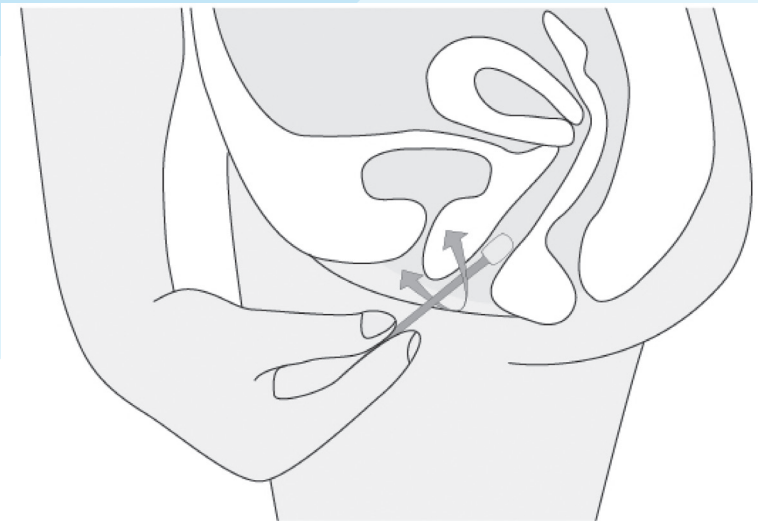
diagnostiek@rijnstate

What do you need?

A mailing case which includes a tube with cotton stick with your name and date of birth. You have received this from your doctor.

What do you have to do?

- Open the package and lay the opened tube ready for use (you can carefully lay it flat without the liquid running out);
- Making a vaginal smear with the sterile cotton stick:
 - Bring the sterile cotton stick around 5 cm into the vagina.
 - Rotate the stick between your fingertips for 10-15 seconds. (Be careful! The cotton stick has a breaking point, do not use force or bend the stick);
- Put the cotton stick into the tube and break it off at the breaking point;
- Screw the cap onto the tube.



How do you package the tube?

- Put the absorptive sheet into the hard plastic packaging and place the tube in it;
- Fold the absorptive sheet closed and close the hard plastic packaging;

- Put the hard plastic packaging in the plastic bag;
- Then remove the adhesive strip and seal the bag;
- Put the bag with the application form in the shipping pouch and zip the pouch closed.

Make sure the address of the laboratory is clearly visible.

How it is to be delivered or sent

You can bring the tube with the completed application form to the following ZekerWeten locations:

- Rijnstate Arnhem, route 41, balie Bloedafname/Blood testing, ground floor.
- Rijnstate Zevenaar, at the reception desk.
- Rijnstate Elst, ground floor, waiting room 2 (counter at the laboratory)
- Rijnstate Arnhem South, Route 17, desk at the laboratory 1st floor.
- To one of the injection substations in the region. You can also make an appointment (see www.zekerweten.nl).
- If your doctor is visited by a Rijnstate messenger, it can also be deposited in the mailing case at your family doctor's practice. Your doctor will let you know about this.

You can also send the tube with the cotton stick via regular mail using the mailing case. Please follow the instructions for packaging testing material. However, we prefer that you drop off the tube with the cotton stick in person.

Results

After diagnostic testing, your doctor will receive the results. This is usually known within a few days. Sometimes it is even known the next day. Arrange with your doctor when you can call about this.

Use of leftover body material such as blood and urine

For some procedures and examinations, we remove body tissue (such as blood, skin or muscle tissue) from you for further examination. The material that remains can be used under strict conditions for scientific research, as well as for quality purposes and education. We use coded or anonymous material as much as possible. Coded means that the material is numbered. As a result, only the hospital knows from whom the material originates, but not the recipient of the material.

You can object to the use of anonymous and coded material for the above purposes. This has no consequences whatsoever for the relationship with your treating doctor or for your treatment. We always ask your permission for the use of material that can be directly traced back to you for scientific research or education.

You can indicate your objection when taking blood tests, when handing in material, or let your doctor know before the procedure. You only need to make an objection once. This then applies to all future blood tests and material submissions.

If you don't inform us, then we assume that you have no objection to the use of your remaining bodily material for scientific research, quality purposes and education. You do not need to do anything further.

Questions

If, after reading this leaflet, you still have questions, please contact ZekerWeten, Medical Microbiological and Immunological Laboratory, phone 088 - 005 5455.

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